### AVENEL THE OLD BURWELL HOME

The Last of Bedford City's Old Homes to Go Out of Hands of the Family.

#### A CENTRE OF HOSPITALITY

Builded By a Briliant Man Who Left a Number of Cultured Descendants.

(Special to The Times-Dispatch.)
BEDFORD CITY, VA., April 11.—"Avethe beautiful old home of the Burwell family, the only one of the very old homes of the early residents of this town hat has remained in the hands of the family or its original owners, is now adcortised for sale. The house was built

come from all parts of the land, numbering many statesmen, milltary and literary celebrities.

Here Mrs, Robert E. Lee and her daughters were entertained during the Civil War for some time, and "when wild war's deadly blast was blown," General Lee and his daughter. Miss Mildred, stopped for a brief visit there on their horseback ride from Lexington to the home of Cuptain Pascal Buford, at Montvale, where the family of General Lee had been entertained for a summer during the war. Mrs. Burwell, who lived to the age of eighty-four years, was a lady of remarkable beauty of person and charm of manner, and was a most gracious and fascinating hostess, who was most ably assisted in her hospitality by her daughters, of whom there were four. Miss Lottle Burwell was a character of such loveliness of disposition, gentleness, rare culture and refinement that she was one easily among all classes the most popular and beloved woman in the town, and her death has created a vold that cannot be filled. Mrs. Kate Bowyer, her sister, was singularly brillant, a gifted musiclan, a writer of humorous compositions unexcelled in private life. She passed away some years since, after the death of her only child, Mrs. Lilliam Campbell, Mrs. James Breckinridge, who was killed in the war of the Confederacy. "

Mrs. Todd, of Kontucky, who was Miss Rosa Burwell, is the youngest and only surviving member of this gifted and interesting family. In the library of this home and its many rare books and old family pictures, stood a modest little malogany desk, the listory of which

feresting family. In the library of this libona amid its many rare books and old family pictures, stood a modest little mahogany desk, the history of which renders it extremely valuable. While secretary of President Jefferson, the desk was presented Mr. Burwell, the father of the owner of Avenel, by the President himself, as a token of his esteem and confidence. Within the desk is a portfolio filled with letters on many subjects by Mr. Jefferson to his secretary. Though the hand that penned them has long since crumbled into dust, the writing is as clear and distinct as thought it might have been writing yesterday, and as clear and distinct as thought it might have been writing yesterday, and as clear and distinct as thought it might have been writing yesterday, and as clear and distinct as the proposed of the series of paper were folded in small compass and sealed, there being then no envelopes.

The smallness of the desk, the simplicity of the arrangement of the letters are in striking contrast to the many things that man now wants for the needs of business, &c., as contrasted with J. Q.

#### A Woman's Gratitude

"For more than a year I had been a sufferer, completely broken down. I had not slept but two or three hours any night for weeks. I had such awful misery in my head, and oh, I was so irritable. I could not depend upon my judgement, and my memory was failing. I realized that I was losing my mind, and I thought the grave, or worse, the asy-lum, would be my doom. My doctor said my case was beyoud the reach of medicine. I went to a druggist and told him my condition. He recom-mended Dr. Miles' Nervine; he was pretty sure it would help me, so I bought a bottle. That night I took a table spoonful, and fell asleep in a few minutes, the first rest I had in weeks, and oh, I will never forget that sweet sleep

taking it, and sleep like a baby, and gain rapidly." MRS. VIOLA BARKER,

while I live. I have continued

Dr. Miles' Nervine is sold by your druggist, who will guarantee that the first bottle will benefit. If it falls, he will refund your money.

Miles Medical Co., Elkhart, Ind

here below," man now wants a great deal. When Avenel shall have passed into other hands one of the oldest landmarks of a past history of one of the most distinguished families of the town will be numbered with the things that were, and there are few left who remember the past of a generation ago.

It is worthy of note that when the It is worthy of note that when the result of the war made free men of the slaves the servants at Avenel were faithful in their allegience to the family and as many as they were able to maintain remained and did service as though there had been no change at all until death called them hence.

Lucinda, the efficient and ideal maid of Mrs. Burwell, is burled beside her mistress in the family square at Longwood Cemetery. Her granddaughter is Mrs. Todd's maid.

With the fine weather of the week

Cemetery. Her granddaughter is Mrs. Todd's maid.
With the fine weather of the week work on the railroad is progressing with great expedition, both in the double tracking above and below the town and on the Tidewater road on the southside of the county. The work of the steam shovel is astounding in its gigantle operations as it burrows into the great hills, tearing out the earth and loading it into the cars which the busy little dinky engines speed away with along the dizzy track of the trestle and dump down into the valley helow. The steam shovel is now the exposure of interest, and numbers of persons daily visit the scene of railroad operations to watch it work.

There are many persons who can remember the construction of this road when it was first built. Then the work of excavating and filling in was accomplished by picks wielded by hand and wheelbarrows.

Throughout the entire season of Lent

wheelbarrows.

Throughout the enlire season of Lent there have been no festivities of any kind among the grown-ups, and in nearly all of the churches there have been series of services.

Mr. Patterson and family, of Pittsburg, Pa., who have rented the new house of Mr. E. G. Abbott, on Longwood Avenue, have arrived and moved into the house.

house.

Mr. Meeter and family, of Pittsburg, and also connected with the railroad construction, are stopping at the Windsor Hotel.

Mr. Henry Grey, of Schnectady, N. Y., is visiting his parents, Mr. and Mrs. J. R. Grey.

Mr. Marshall Visc, of Weish, Va., is spending the holiday with his mother, Mrs. McKay.

Mr. E. D. Gregory returned Saturday from an extended husiness tour.

#### **NEWS OF HORSES** AND HORSEMEN

The Millburn Farm Sale of Trotting Stock Was a Success.

#### KING LANCELOT WAS STAR

Virginia-Bred Runners Did Well at Washington-Axar,

The dispersal sale of the Millburn Farm horses, Calverton, Va., owned by Samuel McMullan, of New York City. took place on April 6th and was well attended, representative horsemen being present from New York, Philadelphia. Baltimore, Washington, Richmond and other points. The sale was due to

present from New York, Philadelphia. Ballimore, Washington, Richmond and other points. The sale was due to the sale of the farm and Mr. McMillan's desire to concentrate his affairs nearer home. The stallon, King Lancelot, was in fine shape and being a horse of grand size, magnificent form and matchless style, he was shown to harness and attracted far more than ordinary attention.

Among the broad mares offered were Deception, dam of Filri, 2:07-14, and Miss Copeland, grand dam of Major Delmar, 1:59-3-4; both thought to be with feal by King Lancelot. The younger stock was not in prime condition, yet on the whole bidding was for the most past brisk and the prices that ruled were satisfactory. This sale marks the passing of one of the largest of Virginia trotting horse breeding establishments.

Among those present were James Mc-Clennahan, Port Chester, N. Y.; Patrick Ryan, New York; General Henry L. Burnett, G. M. Bastable, Calverton, Va.; Edward F. Hall, Washington, D. C.; C. E. Hall, Bealeton, Va.; James Dorrell Manassas, Va.; W. G. Coats, Catlett's, Va.; J. F. Rixey, Culpeper, Va.; C. W. Saunders and W. J. Carter, Richmond, Va.; R. S. Terry, W. D. Adams, Jr., and M. E. Doyle, Lynchburg, Va. The summary; King Lancelot, 22,855, bay horse, 12, by

Va. The summary:
King Lancelot, 22,855, bay horse, 12, by
Mambrino King, dam Mercedes, by
Chimes; James McClennahan, Port
Chester, N. T., \$1,850,
Red Cherry, 2:14 1-2, bay mare, 17, by
Red Wilkes, dam Madame Herr, by Mambrino, Patchan; Lames McClennahan,

brino Patchen; James McClennahan

Red Wilkes, dam Madame Herr, by Mambrino Patchen; James McClennahan, 300.

Baroness Zora, brown mare, S, by Baron Wilkes, dam Zora Zar, by Alcazar, 220 1-2; D. W. Bishop, Washington, D. C., 3105.

Elma, brown filly, 2, by Lord Percy, 33,468, dam Baroness Zora, by Baron Wilkes; C. E. Hall, Bealeton, Va., \$125.

Miss Copeland, 2:25 3-4, pacer, gray maro, by Almont Star, 1929, dam Copeland Mure, hy Prophet, Jr.; Patrick Ryan, New York City, \$225.

Major Copeland, bay colt, I, by Mill-burn, 10,523, dam Miss Copeland; A. C. McMillan, New York City, \$100.

Miss Belmont, black filly, 2, by Belmont Prince, 2:77 1-4, dam Miss Copeland; A. Nusbaum, Warrenton, Va., \$10.

Miss Allee, bay filly, 2, by Leonatus, 2:17 1-4, dam Cheroot, by Jay Gould, 2:21 1-4; Joseph Auerbach, Washington, D. C., \$55.

2:17 1-4, dam Cheroot, by Jay Gould, 2:21
1-4; Joseph Auerbach, Washington, D. C., \$85.

Hope, bay filly, 3, by Forkhurst, dam Narida, by Pale Alto, 2:08 3-4; General Henry L. Burnett, New York City, \$500.
Deception, dam of Fillri, 2:07 1-4, black mare, 18, by Almont Star, 1929, dam Mirage, dam of Miss Herlihy, 2:22 3-4, by Dietator; D. W. Bishop, \$300.

Real Truth, bay filly, 2, by Belmont Prince, 2:17 1-2, dam Deception; J. R. Yale, Brewster, N. Y., \$325.

Magale Milchell II. chestnue mare, II. by Millburn, dam Maggle Mitchell, by Leland; Patrick Ryan, \$205.

Red Fern, bay gelding, 4, by Red Gaunt, 37,700, dam Maggle Mitchell II; W. B. Gibbs, Catletts, Va., \$205

Kilmichael, chestnut gelding, 5, by Red Gaunt, dam Maggle Mitchell; D. W. Bishop, Washington, D. C., 210.

Belle McKinley, bay mare, 3, by Belmont Prince, dam Maggle Mitchell II; G. M. Bastable, Calveton, Va., \$255.

Virginia Maid, bay 9-10, 17, by Albert W. 2:20, dam Sweet Home, 2:30, by Bellfounder, 62; D. W. Bishop, \$165.

Miss Bastable, bny filly, 3, by Governor Stanford, 2:21, dam Virginia Maid; James Dorrell, Warrenton, Va., \$140.

Malmaison, bay colt, I, by Governor Stanford, dam Maggle Mitchell II; C. E. Hall, Washington, D. C., \$135.

Virginia Maid, bay 9-10, 17, by Albert W. 2:20, dam Sweet Home, 2:30, by Bellfounder, 62; D. W. Bishop, \$165.

Miss Bastable, bny filly, 3, by Governor Stanford, dam Maggle Mitchell II; C. E. Hall, Washington, D. C., \$135.

Virginia Milly, bay filly, 1, by Milburn, dam Virginia Maid; W. G. Coates, Pall, Washington, D. C., \$135.

Virginia Maid II., bay mare, 12, by Hellespont, 10,524, dam Virginia Maid; A. C. McMillan, New York, \$180.

Bluemont, brown colt, 2, by Belmont Prince, dam Young Virginia Maid, by Red Gaunt; L. W. Trenis, Catlett's, Va., \$300.

Herndon, brown colt, 2, by Governor Stanford, dam Young Virginia Maid, by Red Gaunt; L. W. Trenis, Catlett's, Va., \$300.

180.
Herndon, bay gelding, 3, by Governor Stanford, dam Young Virginia Maid; James Dorrell, \$150.
Cedar Run Beauty, bay colt, 1, by Bow Bells, Jr., 20,805, dam Young Virginia Maid; C. E. Hall, \$150.
Mambretta, II, brown mare, 12, Prussianeer, 16419, dam Mabretta, by Kentucky Mile; C. E. Hall, \$200.
Augusta, brown mare, 4, by Gov. Stanford, dam Mambretta; W. J. Carter, Richmond, Va., \$50.
Admiral Togo, chestnut colt, 3, by Gov. Stanford, dam Mambretta; J. F. Rixey, Culpeper, Va., \$360.
Freemen, bay gelding, 3, by Gov. Stanford, dam Mambretta II.; J. Morgan, Mansass, Va., \$105.

nassas, Va., \$105.

Jeffries, brown colt. 2, by Belmont
Prince, dam Mambretta II.; C. E. Hall,

Fair Oaks, bay filly, 1, by Millburn,

\$150.
Fair Oaks, bay filly, 1. by Millburn, dam Mambretta H.; A. Nusbaum, \$165.
Jenifer, bay mare, 5, by Red Gaunt, dam Ella Wilson, by Kentucky Prince; C. E. Hall, \$175.
Miss Alpha, bay mare, 9, by J. J. Audubon, 2:19, dam Miller's Damsel, by Burger; General Henry L. Burnett, \$450.
Bay filly, 1, by Gov. Stanford, dam Miss Alpha; James McClennahan, \$135.
Miss Nutbourne, bay mare, 10, by Nutbourne, 1390, dam Helle Stevens, by Aisvideen; Jumes McClennahan, \$135.
Massillon, bay gelding, 4, by Red Gaunt, dam Miss Nutbourne; C. E. Hall, \$200.
Lavinia, bay mare, 5, by Gov. Stanford, dam Lizzie May, by Red Wilkes; M. C. Hazen, Washington, D. C., \$180.
Ruffin, brown colt, 2, by Bolmont Prince, dam Queen Wilkes, by William L., 424; C. E. Hall, \$55.
Belle W., chestnut mare, 17, by Albert W., dam Aloxander, 490; Alexander McMillan, \$100.
Belle W. H., bay mare, 11., by Hell-stont, 10524, dam Belle W., by Albert W.; H. P. Chapman, Washington, D. C., \$75.
Miss Warrenton, bay mare, 5, by Red

\$75.

Miss Warrenton, bay mare, 5, by Red Gaunt, dam Miss Standard, dame of The Jug. 2:261-2, by Governor Stanford; Albert Towner, Towner's, N. Y., \$350.

Chieen Stanford, hay mare, 8, by Hellespont, dam Adele Stanford, 2:25, by Gov. Stanford; Moses Craig, Cussenovia, Va., 550.

Miss Acteon, bay mare, II. by Acteon, 2576, dani by Peter Simple; C. J. Rixey, Culpeper, Va., \$90.
Flovilla, bay filly, I., by Millburn, dam Miss Acteon; W. G. Coates, \$65.
Adele, bay mure, 5, by Gov. Stanford,



# A Big Difference

Ready-to-Wear

# Clothes

ON'T try to judge Schloss Clothes by any others you've

ever seen-the only similarities are price and the "ready" feature.

It's the styling, tailoring and fitting that make Schloss Clothes so much better that thousands of the most particular men prefer them to the "made-to-measure" kind-just as you will, when you see them,

Styled by experts, tailored by specialists, fitted by the unfailing "individual" system—a Schloss feature—is it any wonder that Schloss Clothes are worn wherever well-dressed men congregate and sold by the best slores everywhere? You will find it so here in your city as well as in New York, Philadelphia, Boston and Chicago.

Try these garments this season, but to prevent disappointments be sure you find the unmistakable Schloss label None genuine without inside the coat.

Write for our new Spring Style-Book and name of nearest dealer. Free on request.

the Celebrated Wholesale Tailors,

BALTIMORE

Made only by Wholesale Drapers

Schloss Bros. & Co. 1

dam Urbana Belle, 2:20 1-2, by J. H. Will go to Canada. During previous seasons the Bradley stable has been usually shaped to Chicago from Washington, but conditions in the "Windy City" caused a Change of plans this year. Mr. Bradley has over thirty horses in training, mostly has over thirty horses in training, mostly the get of Alona, among thempseing Peter Caunt, dam Waxy R. H. Louis Marder, East Newark, N. J., \$205.

Trenis, \$125.

Red Wax, chestnut mare, 6, by Red Gaunt, dam Waxy R. II; Louis Marder, East Newark, N. J., \$205.

Miss Waxy, bay mare, 4, by Red Gaunt, 3760, dam Waxy R. II., by Liberty; Clyde W. Saunders, Richmond, Va., \$250, Holton, Lay geiding, 3, by Belmont Prince, dam by Peter Simple; Alexander MeMilian, \$80, Mirriam, brown mare, 4, by Gov. Stanford, dam Kate; Albert Towner, \$210.

ford, dam Kate; Albert Towner, \$210.

ford, dam Kate; Albert Towner, \$210.

Virginia-bred horses, likewise owners and trainers, from this State, were strongly in evidence at the recent Washington meeting, and never before did they become so popular at the national capital. William Garth, of Charlottesville, who had the largests table of horses on the grounds, captured the lion's share of races-and with Virginia bred horses, too-while Robert Bradley, of Greenway Farm, Wilcox Wharf, was also in evidence with the perennial performer. Peter Paul, and others of the get of Aloha, as were "T. F. Coles, T. B. Doswell and other trainers halling from Virginia. Among the "nome-bred" horses listed as winners were workman, Pater, The Clown, Bod-ie Kean, Town Topics and others on the flat, while Game Cock, Dunseverlick and other well-bred products of Virginia breeding establishments made good over the glumps.

In the chestnut colt Akar, 42021, one year old, by Aquillin, son of Blingen, 2:061-4, and Lesura, by Allerton, 2:091-4, dua Pavetta, daur of Utatlan, 2:221-4, by Pist-chio, 2:23-4, recently purchased of the Pavetta, daur of Utatian, 2:221-4, ny Fisi-chlo, 2:23-4, recently purchased of the Alleu Farm. Pittsfield, Mass., A. T. Griffith, of this city, has a youngster of handsome form and rich breeding. Akar is large for his age and a natural pacer, with action and a way of going that in-dicates speed and race horse quality. William J. Moore, formerly of this city, but who now does the shoeing at the Allen Farm, made the selection for Mr. Griffith, and that he should have olcked such a clever colt reflects credit on his judgment.

With the close of the Washington meeting the horses in Robert Bradley's stable were separated, as a portion of themadocard or more-will be raced in the East, while the remainder, with West Walker, the colored trainer in charge,

#### **AUCTION SALE.**

of moving to another location, the present property will be sold at the time and place named.

This property is located on Sycamore Street, between Tabb and Washington Streets, with a front of 84 feet by a depth of 170 feet. Three-story brick and stone building, with basement; steamheated, electric lights and gus fixtures; three large stores, with good leases; large entrance hall to second floor.

On the second floor a large auditorium seating capacity 300, with the other large rooms, used for association purposes.

large rooms, used to assembly the poses.

This is the largest and most attractive piece of real estate offered for sale in Petersburg for years, being admirably adapted, in addition to the three stores, for HOTEL OR CONVENTION HALL, or any other purpose of a like nature, Taxes for 1906 to be paid by the purchaser.

Terms and conditions made known on

chaser.
Terms and conditions made known of sale.

H. B. SEWARD.
J. M. MULLEN,
R. O. EGERTON,
Committee on Sale.

Among the Virginia trainers that have been granted license by the Jockey Club to train and race on tracks under the jurisdiction of that august body, are George B. Bull, Theo. F. Coles, T. B. Doswell, G. J. Engleking, William Garth und Gen. Wm. T. Towaes, The latter, formery with the American Tobacco Company, New York, is now owner of the Aftongreen Stud, Culpeper, Vn. where he breeds thoroughbred liorses and does his own training and conditioning. The racing colors of General Townes are white, green sleeves, black bars on sleeves, black cap.

Charles H. Hurkamp, of Bocobel, Farm.

Charles II. Hurkann, of Bocobel, Farm, Fredericksburg, Va., has been invited to judge at Durland's Hore Show, N. Y., April 17th, 18th, 19th and 20th, also at the Monmouth County, Horse Show, Hollywood Park, Long Branch, N. J., July 27th and 28th, At, both shows Mr. Jurkamp will judge in the classes for hunters, Jumpers, suddle horses and poloponies.

BROAD ROCK.

#### GLOUCESTER

GLOUCESTER

(Special to The Times.-Dispatch.)

GLOUCESTER COURTHOUSE, VA.,
April 14.—Mr. and Mrs. II. O. Sanders,
of Oak Point, Gloucester, left on Wednesday for New York, going by Highmond to pay a farewell visit to Major
Thomas S. Tallaferro. Mr. and Mrs.
Sanders will sail for Europe on the 24th,
accompanied by the best wishes of their
many warm friends.

At the last meeting of the Saily Tompkins Chapter of the U. D. C.; the resignation of Mrs. John Tabb, of Showan,
was received with much regret, and Mrs.
Fielding Lewis Taylor, of Rosewell, was
elected to fill her place. The following
other officers were elected: Mrs. Richard
Taliaferro, vice-president; Mrs. II. O.
Sanders, corresponding secretary; Mrs.
Molly F. Jones, treasurer. Mrs. Taylor
will retain the office of historiographer,
which she has filled so brilliantly, until
a successor is elected, Miss Lou Seawell is honorary president of the Saily
Tompkins Chapter.

Mrs. S. S. Hepburn, who has been visling her daughter, Miss N. S. Hopkins,
has returned to Maryland.

Miss Rowenn Sinclar, of Hampton, after paying a visit to Mrs. Maude Wiatt,
is now at Sherry, guest of Miss Anne
Page.

Mrs. Spottsw60d Welford, of Newport

Mrs. Spottsw6od Welford, of Newport News, spent part of last week at Sher-wood.

Mr. Martin Wallis has returned to Norfolk, after a short visit to Glouces-ter. Hon, and Mrs. J. N. Tabb spent part of the week in Ballimore.

the week in Ballimore.

Mrs. Pryor Davies will spend Easter
n Norfolk with Mr. and Mrs. Berhard
Brook.

#### Poems You Ought to Know.

Whatever your occupation may be, and however crowded your hours with affairs, do not fail to secure at least a few minutes every day for refreshment of your inner life with a bit of poetry.—Prof. Charles Ellot Norton.

> No. 803. PSALM CXI.

I will give thanks unto the Lord with my whole heart,

I will give thanks unto the Lord with my whole heart,
Secretly among the faithful, and in the congregation.
The works of the Lord are great,
Sought out of all them that have pleasure therein.
His work is worthy to be praised and had in honour,
And his righteousness endureth for ever.
The merciful and gracious Lord hath so done his marvellous works,
That they ought to be had in remembrance.
He hath given meat unto them that fear him;
He shall ever be mindful of his covenant.
He hath showed his people the power of his works,
That he may give them the heritage of the heathen.
The works of his hands are verity and judgment;
All his commandments are true.
They stand fast for ever and ever,
And are done in truth and equity,
He sent redemption unto his people;
He hath commanded his covenant for ever;
Holy and reverend is his Name.
The fear of the Lord is the heginning of wisdom;
A. good understanding have all they that do thereafter;
The praise of it endureth for ever.

his series began in The Times-Dispatch Sundts, Oct. 11, 1993. One is published each day.

# Temptingly ...Delicious.

Is the one term that will describe MOESTA'S ICE-CREAM and WATER ICES. Manufactured with scrupulous care from the best and freshest fruits, and the richest, fullest, sweetest cream that experience and money can help us buy.

This is our Easter menu: Vanilla, Chocolate, Caramel, Burnt Almonds, Coffee,

#### Fresh Strawberry ....With Berries.

Marron and Nesselbrode Pudding Newport, Bisque, Tutti Fruitti, Merringue Glace, Ice-Cream, Eggs and Rabbits.

Easter Eggs and Novelties.

H. W. Moesta's, 117 East Main St.

• PHONE 287.

vertised for sale. The house was built by Mr. William M. Burwell, a man of much brilliance, who figured extensively life the political and literary life of Virginia of a past generation, and whose angestors were prominent in colonial history. His father, William A. Barwell, was the private secretary and lifelong fullmate friend of Thomas Jefferson. Avenel, which is a large square brick house, with spacious aparaments and broad halls, situated in a grove of splendle oaks, was last owned and occupied by Miss Lettle M. Burwell, the eldest daughter of William M. Burwell, whose studen death last December left the property vacant. sudden death last December left the property vacant.

In her will she desired the property to be sold and the proceeds to be divided between the grandchildren of her sister, Mrs. Kafe Bowyer, who are the four children of State Senator J. L. Campbell, and her only remaining sister, Mrs. C. H. Todd, of Owensboro, Ky, In addition to Avenel, Belmont Seminary, owned by the Burwells, is to be sold and other leads in the county. the Burwells, is to be some and check lands in the county.

There is no home in Bedford that has dispensed a wider or more generous hospitality than Avenel, its gursts having come from all parts of the land, numbering many statesmen, military and literary celebrities.

## Grandfather's Cure for Constipation



3 REAT medicine,—the Saw-

Two hours a day sawing wood will keep anyone's Bowels regular.

No need of pills, Cathartics, Castor Oil nor "Physic," if you'll only work the Sawbuck regularly. Exercise is Nature's Cure for Constipation and, -- Ten-Mile walk will do, if you

But, if you will take your Exercise in as Easy Chair, there's only one way to do that, and make a Success of it.

haven't got a wood pile.

Because,-there's only one kind of Artificial Exercise for the Bowels and its panie is "CASCARETS." Cascarets are the only means to exerdise the Bowel Muscles, without work.

Tay don't Purge, Gripe, nor "upset Four Stomach," because they don't act like Cathartics. They don't flush out your Bowels and

Intestines with a costly waste of Digestive Juice, as Salts, Castor Oil, Calomel, Jalap, or Aperient Waters, always do.

No. - Cascarets strengthen and stimulate the Bowel Muscles instead. These are the Muscles that line the Food passages and that tighten up when Food touches them, thus driving that

Food on to its finish. They are the Muscles that turn Food into Strength through Nutrition.

Well .- a Cascaret acts on your Bowel Muscles as if you had just Sawed a cord of wood, or walked ten miles.

That's why Cascarets are safe to take continuously in health; and out of health. Because they move the Food Naturally, digesting it without waste of tomorrow's

They thus work all the Nutrition out of it before it decays.

The thin, flat, Ten Cent box is made

to fit your Vest Pocket, or "My Lady's" Carry it constantly with you and take

a Cascaret whenever you suspect you

need one. Thus you will ward off Appendicitis Constipation, Indigestion, - and other things besides.

Druggists-10 Cents a Box. very careful to get the genuine, made only by the Sterling Remedy Company and never sold in bulk. Every tablet stamped " CCC."

We want to send to our friends a beautiful French-designed. GOLD-FLATED BUNBON BOX, hard-enameded in colors. It is a beauty for the dressing table. Fan cents in stamps is asked as a measure of good faith and to cover cost of Cascarets, with which this dainty trinked is loaded. 718 Send to-day, mentioning this paper. Address Sterling Remedy Company, Chicago or New York

YOUNG MEN'S CHRISTIAN ASSOCIATION BUILDING AND LOT ON SYCAMORE STREET, PETERBBURG, FOR SALE AT PUBLIC AUCTION IN THE AUDITORIUM OF THE BUILDING, ON WEDNESDAY, APRIL 18, 1906, 'AT 4 O'CLOCK P. M.
By resolution of the Board of Directors of the Y. M. C. A. for the purpose of moving to another location, the present property will be sold at the time and place named.

This property is located on Sycamore

T. PANNILL'S SONS.

# in Norfolk with Mr. and Mrs. Berhard Brook. Miss Mattle Balsh, of Old oint, is at Clifford, visiting the Misses Hinkle. Mr. M. K. Smith and Mr. Thomas L. Benson made a business trip to Norfolk on Wednesday. Miss Cookley, of Norfolk, and Mr. John Tyler Seawell, of Newport News, will spend Easter in Gloucester. Miss Molly F. Jones, of Entield, was the guest of Mrs. C. E. Cary, of Fairylew, this week. Miss Fannie Jones, who attends the Leekewood Seminary in Norfolk, will spend the holidays, at home. Mr. and Mrs. A. A. Blow spent part of the week at their home, Bellville, on the North River. Mrs. Curtis and Miss Herd, of New York, were guests at Hockly this week. At the annual meeting of the Cancer.

At the annual meeting of the Cancer Hospital, London, the chairman of the Medical, Committee state that as a result surgical and pathological staffs, on invitation of Dr. Doyen, it could be stated that this serum was ineffective for the cure of cancer.